CVRA and Amana Colonies Oktoberfest
present

CVRA Timber Trek

4.3 mile Adventure Run

October 1, 2011—1:00 pm

First Name_____Last Name_____

Address_____

City/State/Zip_____

Phone_____Email_____

Date of Birth _____ Age _____ Gender_____

T-shirt: S____ M____ L____ XL____

Fees: (no refunds) Before September 16th CVRA member $16.00 non member $18.00
After September 16th $20.00
Race Day $25.00

Registration fee includes: t-shirt (guaranteed to pre-registered runners only) & ticket to Oktoberfest grounds, juice/snack

Make Checks Payable to: CVRA

Mail to: John Armon, 3122 Tama St SE Cedar Rapids, IA 52403

<u>Runners' Age Groups</u> (Male & Female)
19 & under, 20-29, 30-39, 40-49, 50-59, 60 & over
Awards will be presented to top 3 male & female finishers in each age group.

Race Course starts at Amana RV Park Office (north of Amana, off Hwy 151), then follows along (or through) Price Creek and up into the Amana Timber, circling back to Price Creek and finishing at the RV Park. This is an off-road race with several obstacles, hills and gullies. PREPARE TO GET DIRTY! (showers available) Medical personnel will be on site. Registration starts at 6:30 am at the Amana RV Park. Questions? Call John at 319-362-4065 or email: jarmon7209@aol.com

Waiver: I hereby release the Amana Merchants, Inc., Amana Colonies CVB & Amana Society, Inc and its subsidiaries, all volunteers and sponsors from the responsibility for any illness or injury, which may be sustained while I am participating in the Oktoberfest Timber Trek. By signing below, I am signifying I am in proper physical condition to participate in this event and understand the inherent dangers of participating in an off-road race. I give my permission for the use of my name and picture in any broadcast, telecast, or print media account of this event. I hereby affirm that I am 18 years of age or older; I have read this document and understand its contents. (Parent or guardian must sign if participant is under 18 years.)

_____ _____

Signed **Date**