

14th Annual Pewterman Pentathlon

October 3 2004

Men	age	5 km			1/4 mile			1 mile			100 yards			10 miles			Total
		Time	Pts.	Pl.	Time	Pts.	Pl.	Time	Pts.	Pl.	Time	Pts.	Pl.	Time	Pts.	Pl.	
Tom Novak	72	25:45.26	148	16	01:23.60	152	16	07:15.67	154	16	15.58	157	15	1:29:36.82	142	12	753
Nate Canton	24	16:57.17	154	1	01:01.81	142	2	05:00.04	154	1	12.10	153	2	1:05:51.43	141	1	744
Paul James	51	21:28.30	141	6	01:10.95	150	10	06:00.45	154	5	13.81	149	11	1:23:42.58	119	6	713
Seth Thorson	23	18:15.41	141	2	01:04.66	134	3	05:11.30	147	2	12.96	140	6	1:08:39.74	133	2	695
Doug Hansel	44	20:51.12	131	4	01:07.28	148	5	05:53.18	139	4	12.83	160	4	1:22:17.29	116	4	694
Bruce Bachmann	55	24:39.17	124	15	01:16.50	140	12	07:03.64	132	12	14.05	156	12	1:32:24.48	113	13	665
Brad Mihm	40	23:13.66	108	11	01:07.28	148	6	06:18.90	125	9	13.12	157	8	1:26:42.36	104	11	642
Brian Bachmann	47	23:53.67	112	12	01:07.56	155	7	07:04.02	113	13	13.77	150	10	1:25:15.82	111	8	641
Louie Ervin	32	21:27.92	107	5	00:59.03	151	1	06:07.12	114	6	11.34	164	1	1:23:42.23	90	5	626
Lee Dixon	19	20:41.96	115	3	01:08.72	121	8	05:50.76	124	3	12.96	140	5	1:14:26.87	116	3	616
David Vognsen	45	24:03.23	110	13	01:19.91	122	15	07:05.36	112	15	14.72	137	13	1:34:12.27	88	14	569
Jeremy Oepping	33	21:34.32	106	7	01:09.00	120	9	06:12.57	111	7	13.00	139	7	1:26:09.29	82	10	558
Alan Schmitt	39	21:50.35	114	8	01:14.88	119	11	06:13.40	119	8	15.65	106	16	1:24:34.43	91	7	549
Ryan Fisher	20	22:39.65	95	10	01:05.19	132	4	06:22.84	105	11	12.24	151	3	1:36:11.88	53	15	536
Christopher Nims	28	24:38.30	74	14	01:18.69	90	13	07:04.76	80	14	13.27	135	9	1:40:01.15	42	16	421

Women	age	5 km			1/4 mile			1 mile			100 yards			10 miles			Total
		Time	Pts.	Pl.	Time	Pts.	Pl.	Time	Pts.	Pl.	Time	Pts.	Pl.	Time	Pts.	Pl.	
Helen Fuller	22	22:28.11	126	9	01:19.21	113	14	06:21.64	132	10	15.10	123	14	1:25:39.83	116	9	610
Chris Lamphere	52	37:01.47	48	17	02:03.69	53	17	10:13.33	81	17	18.25	120	17	?:?:?:??	0	17	302

organized by the Cedar Valley Running Association - held at Washington High School - Cedar Rapids

14th Annual Pewterman Pentathlon

October 3 2004